

# Affordable celebrity treatments...

IT'S fair to say we'd all like to look a little slimmer, a little younger and feel a little healthier. Our celebrity friends seem to do it with ease - surely they can't be that perfect? Just what is their secret? **MySpa Clinics** on London Road in Adlington can shed some light on the A-listers' secrets - and you don't have to be rich and famous to afford them.

## LOSE 6 inches guaranteed

A celebrity favourite, the Universal Contour Wrap is the inch loss treatment that guarantees you'll lose at least six inches in just two hours and what's more that inch loss is guaranteed for 30 days. Too good to be true? MySpa client Ann Powell had her first one last week: "I was quite sceptical before I had the treatment," she said, "but wow, it really is amazing. I didn't just lose six inches, I lost 11. I felt so good afterwards and my skin felt gorgeous and so much tighter. I'm getting married soon so I'm determined to look fabulous in my dress, I've booked a course of three for £185, as you save £35." So whether you're looking to kick start a slimming plan or target a few stubborn inches you can rely on the inch loss body wrap to deliver instant results that will keep your

friends and family wondering how you do it.

## New 15 minute face lift

Seeing is believing with the latest MySpa facial treatment - welcome to the 15 minute Caci Hydratone Face Lift. Developed for those who have busy lives and are in need of treatment that can deliver effective lifting results, the Hydratone gives you immediate and intensive skin hydration and face firming. MySpa therapist, Josna Crick, explained how the treatment works: "We place a gel mask over your face that has been infused with powerful hydrating properties including collagen, hyaluronic acid, vitamin C and vitamin E. We then use small rollers that are charged with a gentle current that cause the mask to become 'charged' so the whole face is bathed in rejuvenating energy which restores muscle tone and firmness. At the same time, the energy generated also drives the hydrating actives contained within the gel mask deep inside your facial tissue."

The mask has such powerful properties, it quenches dehydrated and sun damaged skin and also has a softening action that helps to plump out and smooth deep lines and wrinkles. You also get to

take the mask home and use it for seven days.

"Our clients love this new treatment because of the results they get in such a short time," said Josna. "It's also at a great introductory price for the next four weeks at just £15."

## Feel fantastic

Once seen as a 'quirky' treatment for 'new age celebrities' the colonic is more popular than ever at MySpa Cheshire. Surprisingly affordable at £60 per treatment the colonic has huge benefits including increased energy levels, relief from bloating, constipation and irritable bowel syndrome, not to mention the stimulation of the body's immune system, a clearer complexion and improved mental clarity.

Many people think the treatment is going to be embarrassing and painful. "This couldn't be further from the truth," said colonic hydrotherapist Gemma O'Neil. "We understand that many people are nervous about the treatment, we ensure our client's dignity is maintained at all times. There is no smell and no noise whatsoever from the treatment."

Colonic client Caroline Jewitt reiterated this: "I've been thinking about having a



AFFORDABLE TREATMENTS... Caci Hydratone, a new 15-minute face lift for only £15 at MySpa in Adlington, Cheshire

colonic so long when a friend of mine told me about MySpa Clinics. It was definitely the embarrassment factor that had stopped me. Gemma was great; so professional and reassuring. The treatment took about an hour and I can honestly say I felt the benefits almost immediately. I've got a course of three booked with my next treatment in a month's time. If you've been thinking about having a colonic I couldn't recommend Gemma and MySpa highly enough."

## £10 voucher for everyone

With the current economic

climate it's reassuring to know that it doesn't cost a fortune for the latest treatments.

For the month of April MySpa are giving a little extra helping hand with two great offers. You can get a full set of acrylic nails with expert nail technician Sarah Metcalfe for just £20, better than half price.

And, if you fancy any other treatments MySpa are giving all new clients a £10 beauty voucher. You can pop in to the clinic to pick some up or call on the number below and they'll post them out to you. With a huge range to choose

from there really is something for everyone at MySpa. From relaxing pamper days which include manicures, pedicures, massages and facials, to beauty essentials such as waxing, acrylic nails, spray tans and lash tints, the beauty team at MySpa are on hand to help you look and feel your best.

● MySpa Clinics is at London Road, Adlington, Cheshire. For more information, to book an appointment or to receive your £10 voucher call 01625 827 969 or visit [www.myspaclinics.com](http://www.myspaclinics.com)