

Latest Celeb Skin Secrets!

How do they do it? Clear, tanned skin all year round! Just what is their secret?

We asked beauty and rejuvenation experts MySpa Clinics to reveal the treatments and procedures that keep celebs looking so amazing...and the most surprising thing is they don't actually have a celebrity price tag so they won't break the bank!

Microdermabrasion

A fabulous skin pick me up, Microdermabrasion gives your complexion a smoother surface and promotes the growth of healthy new cells. Completely painless, it improves wrinkles, skin texture and colour by polishing the topmost layer of the skin with tiny sand crystals and then vacuums away the dead skin cells.

Black Eyed Peas Fergie is an advocate of Microdermabrasion.



Prices start from just £30

Fake Bake Tan with Full Body Exfoliation

The key to a good, streak free fake tan is exfoliation, exfoliation, exfoliation! MySpa offer a full body exfoliation treatment that you have before your tan. Your skin is prepared using Fake Bake Gold Pomegranate & Passion Fruit Body Polish, followed by the Fake Bake Gold Therapist applied tan or spray tan. Your tan can even be applied in such a way that will make you appear pounds lighter!

Suitable for any skin type.

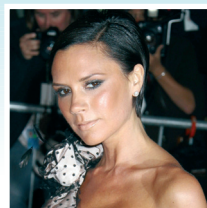
Fake Bake Exfoliation & Tan is at the top of Victoria Beckham, Cheryl Cole and Paris Hilton's must have beauty list.

Prices start from just £20

Universal Contour Wrap

A red carpet favourite, the Universal Contour Wrap **guarantees you'll lose at least 6 inches in just 2 hours** and what's more that inch loss is guaranteed for 30 days! Ex Hollyoaks chick Sarah Jane Dunn swears by them. They are perfect for getting into that special dress and the best thing is the results are instant!

The unique techniques also tighten and tone your body while exfoliating and cleansing the skin.



One treatment is £70 with a course of three for £185

Here to help:

The team at MySpa are über friendly and highly qualified with all treatments and procedures tailored completely to your needs. They offer free no obligation consultations.

Where to go:

My Spa's fabulous spas are set in Cheshire and in the heart of the Liverpool docklands.

Open:

Monday to Saturday

Tel: 0800 121 8 121

Web: www.myspaclinics.com

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- Facial Rejuvenation • Laser Treatments •
- Beauty • Cosmetic Surgery • Wellbeing •