

# A VITA MEDI SPA

REGISTERED BY  
Healthcare  
Commission

Promoting health, happiness and beauty, our luxurious range of treatments are designed to pamper the body and relax the mind. A Vita Medi Spa and Laser Clinic specializes in non-invasive cosmetic procedures and aesthetic treatments that are just perfect for a New Year pick me up.

From Elemis Facials to Body Wraps, Microdermabrasion, Chemical Peels and Laser Hair Removal, we make sure you not only look good on the outside, but more importantly feel good on the inside.

- Free Nurse Consultations
- Treatment for Lines and Wrinkles *starting from £160*
- Dermal Fillers *starting from £200*
- Laser Hair Removal *starting from £25*
- Leg Thread Vein Removal *starting from £50*
- Laser Facial Thread Vein Removal *starting from £40*
- Chemical Peels *starting from £50*
- All Luxurious Elemis Facial and Body Treatments *starting from £25*
- Jinny Lashes *starting from £25*

## Also Luxury Pamper Days Available

A Vita has highly trained Nurse Specialists and Advanced Beauty Therapists.

Mr Paul Baguley FRCSEd Plas  
*Consultant Plastic and Aesthetic Surgeon*

Mrs Karen Peel RGN  
*Senior Nurse Specialist and Laser Nurse Specialist*

Healthcare Commission Registered  
1-14425597

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beauty ■ ■ ■

## The Spa Slot: MySpa

### THEY SAY

"At MySpa it's all about you; all our spa therapies are tailored entirely to the needs and requirements of our clients ensuring the time they spend with us is totally relaxing and extra special. The MySpa experience is unique in that we offer the spa experience on a very personal level."

### FIRST IMPRESSIONS

From the moment you pick up the phone to enquire or book an appointment at MySpa you feel the warmth and passion they have for their treatments & clients. Set in the leafy Cheshire countryside, even the drive to MySpa Cheshire makes you feel you are heading 'somewhere special'. MySpa Liverpool is set in the heart of the cosmopolitan Liverpool docklands, with both spas having ample private parking facilities.

Once inside both spas the tranquillity is overwhelming; it's as if you leave all life's stresses and strains at the door. The staff have a unique way of making you feel you are a close, personal friend of MySpa – nothing is too much trouble, they really do go that extra mile.

### SIGNATURE TREATMENT

The unique Universal Contour Wrap is one of MySpa's best selling treatments – you are guaranteed to lose six inches in one treatment and that inch loss stays off for 30 days. This natural sea clay wrap cleanses the body of toxins and leaves your skin smooth and toned. Perfect to kickstart a slimming regime or for that special occasion. It works on detoxifying and cleansing so you will not only look fantastic but will feel it too.

### BEYOND BEAUTY

MySpa is famous for its vast range of non-surgical face and body rejuvenation treatments. People come from far and wide to see the MySpa doctors and practitioners that help restore a younger you. The MySpa Rejuvenation range includes Botox, dermal fillers, skin peels, microdermabrasion, sclerotherapy, mesotherapy vitamin injections for cellulite, fat removal and facial rejuvenation.

### ANY EXTRAS

MySpa beauty & retail range includes Decleor, Guinot, Carita and SkinMed, the leading

medical cosmetic range that treats conditions such as rosacea and acne. MySpa also specialise in pamper days where you can spend a full or half day with lunch and champagne having the ultimate pamper package. MySpa have tailored a number of their treatments to special occasions, such as MyWedding Package, MyHoliday, MyProm, MyMumtobe. Their new double treatment room at MySpa Liverpool is a must for couples and best friends.

### NEED TO KNOW

MySpa have late night appointments throughout the week which is great as many of us work. They also have regular special offers on their spa treatments; check out the website for more details.

**CS&AM**

### Available from:

[www.myspaclinics.com](http://www.myspaclinics.com)  
MySpa Cheshire, London Road, Adlington, Cheshire, SK10 4DU; 01625 827 969  
MySpa Liverpool, Brunswick Way, Liverpool, L3 4BN; 0151 706 6000